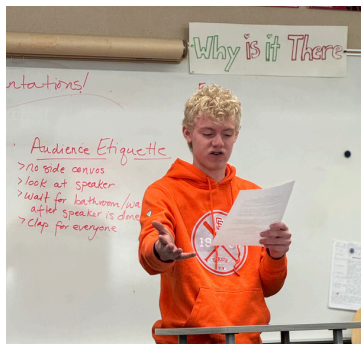
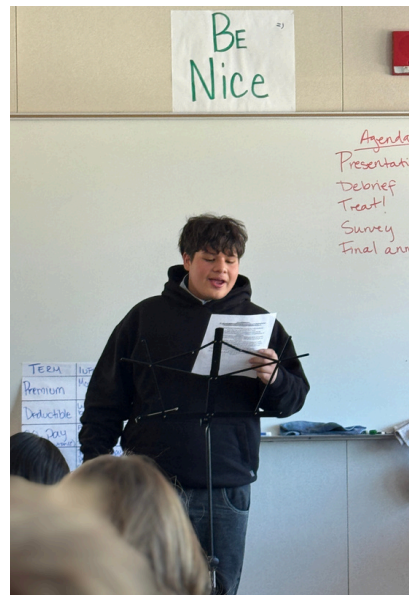




 **adventure risk challenge**

Academic Year Program Report 2025-26



Summary of ARC's 2025-26 Academic Year Program



Rising Community Leadership (RCL) Program

The Rising Community Leadership (RCL) Program provides opportunities for 9th and 10th grade students to practice identity exploration, community building, and self expression within the College and Career Readiness class at Truckee High School and North Tahoe High School. Students in this program met weekly for an hour and a half and participated in group activities, partner sharing, independent journaling, and vocabulary building, which culminated in the writing and presentation of an biographical poem. Additionally, North Tahoe students participated in a day-long teambuilding field trip to Treetop Adventure Park in the fall.

In total, ARC engaged with 76 students in the RCL program at THS and NTHS. This included 1790.72 student contact hours over the first semester.

Lunch Club

This was the third year of the lunch club program., which is an open access point for students to learn about ARC trips and opportunities, practice leadership and active followership, and build community with peers and staff at Truckee High and North Tahoe High. The clubs are both student-led – THS's club was led by Ana Castañeda and Diego Barajas and NTHS's club was led by Citlaly Fragoso Corona. These students received some outside mentoring and coaching in their leadership from ARC staff.

In total, 25 students participated in the ARC lunch club at THS throughout the year, and ARC staff had 69.83 student contact hours.

Open-Enrollment Trips

ARC ran eleven open-enrollment trips. These trips serve as another open access point for students who want to get involved with ARC.

2025-26 Trips

- Family Kayaking Trip at Sugar Pine Point State Park
- Yosemite National Park Overnight
- Wilderness First Aid/CPR Course
- Rock Climbing at Mesa Rim in Reno
- ARC Holiday Party
- UC Davis College Visit
- Cross Country Skiing at Northstar (x3)
- Skiing and Snowboarding at Northstar
- Orientation Backpacking Trip at Bullard's Bar Reservoir

In total, 74 unique students participated in ARC trips from THS. In total, ARC staff had 1180.22 contact hours with students through trips.





TAHOE Outdoor School + Lab High School Counseling Program

ARC partnered with the new TAHOE Outdoor School to train high school counselors for their 6th grade programs at Rideout. Students participated in 5 hours of training, where they learned about policies and procedures, practiced facilitating games, and worked through potential scenarios. Students led dorm groups of ten to fifteen 6th grade students at Rideout programs in October.

In total, ARC engaged with 41 students for a total of 205 student contact hours in the high school counselor training program.

Community Leadership (CL) Program

The Community Leadership (CL) Program is tailored to support the transference and deepening of learning from the immersive (34-day) ARC summer course. Students receive a \$1000 scholarship upon high school graduation when they complete the five components of the program: student-led outdoor experience, Wilderness First Aid and CPR certification, ARC leadership day for 8th grade students, monthly mentoring, and writing and presenting a final speech.

We want to highlight how much these students have poured into ARC throughout high school. All four NTHS students started participating in ARC programming during their first year of high school through the RCL program and remained engaged throughout. Clara was the first student to participate in both our Stepping Stone (11-day) course and Immersive Course (34-days), along with every other program we offer. Neve fully committed this last year. We have shared the number of hours each of them has engaged with ARC throughout high school.

Students who completed the CL program and received their scholarship

- Clara Burton (THS) – 824.33 hours
- Carlos Ruiz (NTHS) – 637.26 hours
- Citlaly Fragoso Corona (NTHS) – 809.07 hours
- Iris Macias Chavez (NTHS) – 668.50 hours
- Mishel Suarez Hernandez (NTHS) – 702.76 hours
- Neve Graham (Forest Charter) – 680.41 hours

In total, ARC engaged with these students for a total of 193.41 student contact hours in the CL program.

Summary of Contact Time

ARC engaged with 177 unique students in the Tahoe/Reno area through all of these programs. The total number of student contact hours for all students in the 2025-26 academic year was 3447.83 hours.

